

# COLORADO PROSPER NEWSLETTER

Spring 2025

Edition 2

In Collaboration with



Department of Psychiatry

SCHOOL OF MEDICINE

UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

## Colorado PROSPER

Colorado PROSPER is dedicated to supporting healthcare providers who are caring for perinatal and postpartum patients experiencing mental health or substance use challenges!

### Services We Offer:

FREE Provider to Provider Psychiatric Consultation

FREE Education

FREE Referral & Support

[Learn More!](#)



## Education, Events, and Training

MMHLA  
Maternal  
Mental Health  
LEADERSHIP ALLIANCE

### National Day of Action for Maternal Mental Health was April 2nd!

On April 2, thousands across the U.S. came together to urge the federal government to continue funding maternal mental health programs, including Colorado PROSPER!

Click below to learn about the impact we made across the nation!

[Read More!](#)

Colorado PROSPER was featured in



THE COLORADO SUN

[Read Now!](#)

# MEET OUR TEAM!

## Dr. Celeste St. John- Larkin, Project Director & Lead Psychiatrist

Celeste grew up in a small town in the Upper Peninsula of Michigan. She studied history at Northwestern University, and attended Michigan State University, College of Human Medicine in the rural physician program. She completed residency and child fellowship at the University of Colorado from 2002-2007. As the Project Director for Colorado PROSPER she is able to support primary care providers statewide with access to perinatal psychiatry and resources to address maternal mental health and substance use disorders. She previously worked integrated Ob and Midwifery settings at the PROMISE and Young Mothers and Families Clinics. Her other area of expertise has been integrated mental health in primary care with Project CLIMB in the Child Health Clinic for over a decade. In addition to being PROSPER's Lead Psychiatrist, Celeste also provides consultation to community primary care providers through CoPPCAP, the pediatric psychiatry access program in Colorado.



[Meet the rest of our Team!](#)

## Partner Spotlight!

# Black Mamas Circle

### Black Mamas Circle

Black Mamas Circle is a virtual group where Black mothers connect, learn and increase well-being through shared experiences. It was founded by one of the PROSPER Psychiatrists, Dr. Shaleah Dardar.

To register, call the Healthy Expectations Warmline and mention that you are interested in Black Mamas Circle Group. 303-864-5252.

Virtual Meetings Thursdays 5:30 - 6:30 pm

[Learn More!](#)

**Is your patient in a crisis? Get help right now.**

If your patient is in an emergency, please call 911 and recommend going to an emergency room or walk-in crisis center. Patients may also contact one of these organizations that provide free, confidential support 24/7.



**1-833-852-6262**



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**Provider Consult Services: 1-888-910-0153 (Monday - Friday 9am-5pm)**

**For program questions email: [PROSPER@UCDenver.edu](mailto:PROSPER@UCDenver.edu)**