


COLORADO PROSPER NEWSLETTER

Winter 2025

Edition 1

In Collaboration with  Department of Psychiatry
SCHOOL OF MEDICINE
UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CAMPUS

A Brighter Future for Colorado!

Colorado PROSPER is dedicated to supporting healthcare providers who are caring for perinatal and postpartum patients experiencing mental health or substance use challenges!

Services We Offer:

FREE Provider to Provider Psychiatric Consultation

FREE Education

FREE Referral & Support

[Learn More!](#)



Education, Events, and Training



Charting Pediatrics Podcasts

Racial
Disparities Postpartum

Support for
Postpartum Depression

[Listen Now!](#)

[Listen Now!](#)

Culturally and Linguistically Appropriate Services (CLAS):
Enhancing Cultural Responsiveness in Behavioral Health
Services

March 25 – 9am-12pm CST

[Register!](#)



Health Access Highlight



Meet Our Community Health Expert Psychologists

and what keeps them excited about their role on the Colorado PROSPER team!



Dr. Brigitte McClellan

Black/African American Community Health Expert

“I have always been passionate about perinatal mental health work and painfully aware of health disparities through my clinical work. Being a health equity expert with the PROSPER team allows me to give a stronger voice to these disparities and offer a wider reach of support through engagement in program development activities and educational initiatives supporting the team.”

Dr. Antonella Onofrietti Magrassi

Latina Community Health Expert

“I’m excited about my role on the PROSPER team because it allows me to continue learning and working toward addressing perinatal health disparities in meaningful ways, particularly for Latina families. I also deeply enjoy and value the opportunity to collaborate with a team that shares this vision and to see the direct impact of our work on perinatal mental health equity keeps me motivated.”



Dr. Michelle Sarche

Native American Community Health Expert

“The opportunity to ensure that the needs of Native American perinatal individuals are met by connecting community-based providers serving Native American communities with PROSPER and by ensuring all that PROSPER does is done with consideration for the diverse historical, cultural and community contexts in which Native American perinatal individuals live.”

[Meet the rest of our Team!](#)

Partner Spotlight!



Colorado PROSPER is sponsoring [HardBeauty](#) to receive training on the [Alma program](#), an evidence-based peer-delivered program focused on reducing symptoms of depression, anxiety and stress.

HardBeauty Offers:

Recovery Support

Offering recovery meetings, peer coaching and counseling, HardBeauty welcomes people in recovery with open arms.

Education & Training

HardBeauty's educational programs train individuals to become recovery peer coaches and offer professional development for those working in recovery settings.

Click below to learn more and download the HardBeauty App TODAY!

[Learn More!](#)



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Provider Consult Services: 1-888-910-0153 (Monday - Friday 9am-5pm)

For program questions email: PROSPER@UCDenver.edu