

Black Mamas Circle

- FORM SOCIAL CONNECTIONS WITH BLACK MOTHERS
- RECIEVE SUPPORT FROM A PEER MENTOR MOTHER
- ACCESS TO COMMUNITY SERVICES, MENTAL HEALTH THERAPY AND MEDICATION REFERRALS AS NEEDED



A free peer-to-peer support group where pregnant and postpartum Black mothers connect, learn and increase well-being through shared experiences.

EVERY THURSDAY 5:30-6:30 PM
VIRTUAL

To Register Call Healthy Expectations:
303-864-5252

